



# BREAKFAST

# OCTOBER 2025

Grain items offered on menu are whole grain.  
Skim and 1% milk offered daily.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

6

7

8

9

10

13

14

15

16

17

20

21

22

23

24

27

28

29

30

31

French Toast Breakfast Bar  
Fresh Apple

\*Pancake & Sausage on a Stick

Lil Squares & Yogurt Cup  
Applesauce Cup

\*Warm Ham & Cheese Sandwich

Fall Break

Trix Cereal Bowl  
Graham Crackers  
Fresh Apple

\*Open Ham & Cheese Bagel

Cinnamon Bun  
Fresh Sliced orange

\*Mini Waffles

Plain Bagel  
Cream Cheese  
Applesauce Cup

\*Pancake & Sausage on a Stick

Mini Glazed Donuts  
Applesauce Cup

\*Warm Ham & Cheese Sandwich

Lil Squares  
Yogurt Cup  
Applesauce Cup

\*Sausage & Cheese Biscuit

Cinnamon Toast Crunch  
Graham Crackers  
Fresh Apple

\*Pizza Bagel

Soft Filled Cinnamon Toast  
Crunch Bar  
Fresh Sliced orange

\*Mini Waffles

Large Chocolate Chip Muffin  
Applesauce Cup

\*Pancake & Sausage on a Stick

Oatmeal Banana & Chocolate  
Chip Cookie  
Applesauce Cup

\*Warm Ham & Cheese Sandwich

Trix Cereal Bar  
Fresh Apple

\*Open Ham & Cheese Bagel

Applejacks Cereal Bowl  
Graham Crackers  
Fresh Apple

\*Sausage & Cheese Biscuit

Mini Strawberry Bagels  
Fresh Sliced orange

\*Mini Waffles

French Toast Breakfast Bar  
Fruit Mix

\*Pancake & Sausage on a Stick

Cinnamon Bun  
Fresh Sliced orange

\*Warm Ham & Cheese Sandwich

Sliced Banana Bread  
Fresh Sliced orange

\*Breakfast Sausage Pizza